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HELP STARTS HERE

When crisis and uncertainty strike, United Way 211 Information and Referral is here for you. We'll connect you with the best resources and services in your community.

Find help for:

- Food pantries
- Utilities and rent
- Disability resources
- Senior resources
- Shelter
- Healthcare
- Workforce services
- and more



CALL

Dial 2-1-1 to talk with a referral specialist. Available 24/7/365 in multiple languages.



TEXT

Text your ZIP code to 898-211. Available Monday – Friday, 7 a.m. – 7 p.m.



CLICK

Search anytime, online at 211Kansas.org.



CHAT

Visit unitedwayplains.org/211 and click the "Live Chat" button. Available Monday – Friday, 7 a.m. – 7 p.m.

211 is confidential, free and available statewide.



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