I AM A RAINBOW

BY DOLLY PARTON

This activity guide is to encourage your child to develop a lifelong love of reading. Dolly Parton’s Imagination Library is powered by United Way of the Plains. This resource was compiled by students at Wichita State University.
Tips for the Reader

In this book, Dolly Parton shares the idea that colors make up the world around us and can be used to describe emotions too. This book shares that people come in all different shades and with different feelings.

New words and sounds your child might learn: rainbow, pink, dandy, red, angry, bored, blue, jealous, green, scene, yellow, courage, brave fellow, joyful, rosy, hue, glow

Before Reading:
Explain what a rainbow is, when and where it occurs (after the rain, in the sky); describe the colors

During the Book:
As you read the book, name the emotions and talk about the colors used to represent them.

Point out the expressions on the children’s faces as you name the emotions.

Ask your child if he’s ever felt that way. Ask, “What makes you happy, sad, etc.?”

Review the faces at the end of the book and have your child point to each face as you name the emotion.
**After the Book**

Have fun making silly, happy, sad, mad, etc. faces with your child. Use a mirror to see your “faces”.

When you notice an emotion (whether yours or your child’s), name the emotion and its color.

Try some of the ideas above. Continue to use your own imagination during book play, too. Have fun with the book and enjoy your time together.
Identify Emotions

Supplies You’ll Need

1. I am a Rainbow book
2. Scissors
3. Blank paper
4. Markers or crayons

Follow These Steps

1. As you read the book, draw faces with the different emotions.
2. Discuss the different emotions as you create them.
3. Invite your child to draw the same emotion.