ANGER MANAGEMENT RESOURCES

UNITED WAY of the Plains

2026

A listing of parenting classes and support groups in Sedgwick County, Kansas

- Only basic information is provided here. You will need to call the listed contact for more information regarding sliding fee scales, availability of childcare, program content, etc.
- Presenters have listed the following classes with United Way of the Plains. Please note that the listing of a class or other service does not constitute an endorsement by United Way of the Plains.

COURSE NAME	CLASS LOCATION	# SESSIONS COST	DATES TIME	CONTACT PHONE
Pathways of Calming	Pathways, LLC 1609 E. 2nd St.	Ongoing $20/week	Varies	Nakita 204-5194
Anger Management	HealthCore Clinic 2707 E. 21st St.	$10 Individual	Wed: 1–2:30 pm Sat: 9–10:30 am	Staff 691-0249
Anger Management – Adults & Adolescents	Chrysalis Center, Inc 1540 N Broadway Ste 203	8 or 13 $30/group $75 assessment	Call for schedule	Patricia 776-5245
Court Approved Anger Management (faith based)	Word of Life Counseling Center 3811 N Meridian	13 $20/session $35 workbook	Saturdays 9 – 11 am	Connie 210-2917
Domestic Violence/Anger Management	Recovery Unlimited 3737 W Douglas	13 or 26 $20/session	Wed: 6:30-8:30pm Sat: 9:30-11:30am or 12-2pm	Staff 941-9948
Domestic Violence Awareness Program (DVAP)	Recovery Unlimited 3737 W Douglas	1 $50	3rd Saturday 9 am – 5 pm	Staff 941-9948
Living Without Violence *Groups are in Spanish only*	Higher Ground 247 N Market	26 $30/session $150 BIP Fee	Mondays 6 – 9 pm	Cathy 262-2060
Batterer's Intervention - Court Ordered	Mental Health Assoc. 9415 E Harry Ste 800	$125 assessment $30/group	Varies	Staff 652-2590