

GUÍA DE RECURSOS



VERANO 2026

Una guía rápida de servicios básicos en el Condado de Sedgwick KS

- La información se proporciona como un servicio comunitario y no necesariamente constituye respaldo o aprobación por parte de United Way of the Plains.
- Esta no es una lista completa de recursos, y la información se actualiza periódicamente; para obtener los listados más actualizados, llámenos al 2-1-1 o visite 211kansas.org.

INFORMACIÓN Y REFERENCIAS

1-800Children 1-800Children
Aging and Disability Resource Center (855) 200-2372
Independent Living Resource Center 942-6300
Kansas Department for Children and Families (DCF) 337-7000
Reportar abuso (800) 922-5330
Kansas Legal Services 265-9681
Long Term Care Ombudsman (Hogares para ancianos) 347-1429
Recursos para la crianza o la gestión del enojo 211
Sedgwick County Developmental Disability Org. 660-7630
Senior Info-Line 267-0122
Veteran's Homeless Hotline (877) 424-3838
Wichita Area Sexual Assault Center 263-3002
WSU Community Engagement Inst (grupos de apoyo)
..... (800) 445-0116
Wichita Transit Bus Schedule 265-7221

REFUGIOS

Refugios para personas sin hogar / Vivienda de transición

Crossroads Shelter (Jovenes en Transición 18-24) 262-4663
Emporia House (Veteranos) 977-7136
Harbor House (Violencia Doméstica) 263-6000
Open Door Homeless Resource Center (Refugio Diurno) .. 265-9371
Passageways (Veteranos) 721-1316
St. Anthony Family Shelter, Catholic Charities, Inc. 264-7233
Second Light Wichita (1025 N Main, mayores de 18 años) 201-1066
StepStone (Violencia Doméstica) 265-1611
The Inn powered by HumanKind 264-8051
Union Rescue Mission (Solamente Hombres) 687-4673
Wichita Family Crisis Center (Violencia Doméstica) 267-7233

Renta Y Utilidades*

Center of Hope (9am-12pm, Solo de lunes a Viernes) 267-0222
Dear Neighbor (Solo para el vecindario Hilltop) 684-5120
Project Derserve (Solamente para Evergy: llamadas de 9am-12pm,
Lunes - Viernes) 219-2121

* Los solicitantes deben tener en cuenta que las solicitudes a menudo superan los fondos disponibles.

Muebles

His Helping Hands (Solamente por referencia de iglesia o agencia)
..... 838-8528

ROPA

Bread of Life (Mar 10am -1:45pm) 689-6866
His Helping Hands (Sab 9-11:30am) 838-8528
Immanuel Baptist Church (Juev 9-11am) 262-1452
Indian Hills Church of the Nazarene (Sab 12-2pm) 943-6021
Jehovah Jireh (Juev/Vier 1-2:30pm & Sab 9-10:30am) 312-9903
Klothes Kloset (Lun, Mier, Vier 9am-2pm) 265-9371

Life Support Center (Mar/Juev 1-2:30pm) 943-1884

COMIDA

Despensas de Alimentos

Bread of Life (Mar 10am-1:45pm) 689-6866
Chisholm Trail CoC(4-6pm Segundo y Cuarto Jueves) 683-1313
College Hill UMC (9am-12pm 1st Mar, 9-11am tercer sábado) ... 683-4643
Community Food Ministry (L-V 9-11:45am & 1-3:45pm) 267-4201
Dear Neighbor (L-J 9am-1pm) 684-5120
Hillside Christian (Juev 9-10:30am) 683-6577
His Helping Hands (primero y tercero martes 2-4pm) 838-8528
Juanita Alexander Food Pantry (Miercoles 1-4pm) 917 S
Glendale 264-2400
New Beginnings (Mier 1-3pm) 267-6504
New Covenant-Life Support Ctr (Mar/Juev 12-3pm) 943-1884
Our Daily Bread(8:30am-12pm Mar-Juev, 9am-12pm 4 Sab) 262-8898
Salvation Army (Martes y Jueves 9-11am) 263-2769
Simple House (Lun 11am-1:15pm & Mar 9:30am-12:15pm) 358-9521
Table of Hope ICT (Jue 9:30-13:30) se requiere cita 267-1852
Union Rescue Mission (Jueves por cita - Lllame Lunes a 9am) 687-4673x113

Westside Good Neighbor Center (Mier 8:30-11:30am) 942-7349

Comidas Calientes / Almuerzos para llevar / Cena

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
4	1,2,4	1,4,5,8	1,4	1,4,8	1,4	1,3,4,6,7

- 1 Homeless Resource Center, 402 E. 2nd N 265-9371
Boletos para el almuerzo entregados a las 11-11:15am para personas sin hogar. Debe tener boleto para comer.
- 2 College Crest Church of Christ, 2615 N Wellsley 686-1981
Almuerzo servido de 11:30am - 1pm los Lunes
- 3 First Presbyterian Church, 525 N Broadway St 263-0248
Desayuno servido el 1er Sábado de cada mes de 8-9am
- 4 Lord's Diner, 520 N. Broadway and 2825 S. Hillside 266-4966
Desayuno servido, 520 N Broadway, 10am-Noon, M-F
Cena servido de 5:30 - 7:30pm
- 5 Tabernacle Bible Church, 1817 N. Volutsia 681-3954
Almuerzo servido Martes 11:30am - 12:45pm
- 6 College Hill United Methodist Church, 2930 E 1st St 683-4643
Desayuno servido 9 - 11am el 3er Sábado del mes
- 7 B,B & B/Riverwalk Church of Christ, 225 N Waco 619-6279
Almuerzo servido 12 - 1pm el 4o Sábado del mes
- 8 New Covenant Life Support Ctr, 1718 W Douglas 943-1884
Bolsas de almuerzo repartidas los Martes y Jueves de 12pm a 2pm

ENTRENAMIENTO Y CAPACITACION

LABORAL

Breakthrough (clientes de salud mental) 269-4160
Job Corps Outreach Center 771-6778
NexStep Alliance 677-1150
Senior Community Service Employment Prog 771-6750
Senior Employment (Senior Services, Inc. of Wichita) 267-1771

Wichita SG County Community Action Partnership.....	462-3775
Wichita Workforce Center.....	771-6800
Women's Network (Servicios de empleo para mujeres)	262-3960

NIÑOS Y JOVENES

0-5 Early Childhood Programs	682-1853
4H Youth Program.....	660-0100
Big Brothers/Big Sisters of Sedgwick County, Inc	263-3300
Boys & Girls Club of South-Central Kansas, Inc.....	687-5437
Boy Scouts of America (Quivira Council)	264-3386
Boys Town National Hotline	(800) 448-3000
CASA of Sedgwick County	866-2920
Child Advocacy Center	660-9494
Children's Services – MHA.....	685-1821
Connecting Point.....	267-3535
EmberHope, Inc.	(855) 260-4673
Girl Scouts of the Kansas Heartland	684-6531
Healthy Babies – Sedgwick County Division of Health... ..	660-7433
Heartspring.....	634-8700
Kansas Children's Service League.....	942-4261
KS Dept for Children & Families (Abuse)	(800) 922-5330
Kansas Society for Children with Challenges.....	262-4676
Pando Initiative.....	973-5110
Parent HelpLine.....	(800) 332-6378
Parents as Teachers	866-8043
Rainbows United, Inc.	267-5437
Saint Francis Ministries	831-0330
Wichita Area Sexual Assault Center (WASAC).....	263-3002
Wichita Children's Home	684-6581
Wichita's Littlest Heroes	364-3354
WIC (Women, Infants, & Children) Program.....	660-7444
YMCA.....	264-1610

Artículos para Bebé

A Better Choice	685-5757
Birthline, Inc.....	265-0134
Community Services – UMOD.....	267-4201
Fresh Hope.....	425-0675

CONSEJERIA Y SALUD MENTAL

Breakthrough.....	269-4160
Cana Counseling Services	263-6941
Center City (COMCARE Homeless Program)	660-7800
Center on Family Living, Friends University	295-5638
COMCARE of Sedgwick County	660-7540
Intervencion en crisis(Linea de Prevencion del Suicidio) 660-7500 0 988	
Family & Children Community Services-COMCARE.....	660-9600
HealthCore Clinic	691-0249
Higher Ground.....	262-2060
HopeNet, Inc	684-4673
KCSL Outpatient Mental Health	686-6671
Mental Health Association of South-Central KS	685-1821
Project Independence (Peer Support).....	262-6898
Psychology Clinic, Wichita State University.....	978-3212
Word of Life Counseling Center	677-7646

MÉDICO

Cairn Health (prescription, vision)	683-7559
Embrace (Pruebas de enfermedades de transmision sexual)	945-9400
GraceMed Health Care Clinics (todas las ubicaciones).....	866-2000
Guadalupe Clinic (St. Francis).....	264-8974
Guadalupe Clinic (Hillside).....	201-1986
Harry Hynes Memorial Hospice	265-9441
HealthCore Clinic	691-0249
Hunter Health	262-2415
KanCare Clearinghouse	(800) 792-4884

KanCare Ombudsman	(855)643-8180
KU Wichita Internal Medicine - Midtown.....	293-1840
KU Wichita Pediatrics.....	962-3100
Medical Loan Closet of Wichita	779-8989
MERN (equipamiento médico, suministros, etc)	942-6300
Project Access	688-0600
Sedgwick County Division of Health.....	660-7300
Via Christi - Children's Miracle Network	293-3528

Servicios Dentales

GraceMed Dental Clinic	866-2000
HealthCore Clinic	691-0249
Hunter Health Dental Clinic.....	269-0677

SERVICIOS DE ALCOHOL Y DROGAS

Addictions Treatment-Mental Health Assoc	652-2590
Al-Anon/Alateen	266-8499
Alcoholics Anonymous (AA)	684-3661
COMCARE Addiction Treatment Services	660-7877
HealthCore Clinic	691-0249
Higher Ground.....	262-2060
Miracles, Inc.	303-9520
Mirror Adolescent Treatment.....	241-8894
Mirror Assessment Center	867-0259
Mirror Outpatient Treatment.....	330-3297
Mirror Residential Treatment.....	225-6500
Narcotics Anonymous (NA)	855-732-4673
Options Adult Services/Detox Center (hombres)	265-6011
Pathways - Mental Health Association.....	685-1821
Restoration / Knox Center, Inc.	265-8511
Substance Abuse Center of Kansas (SACK)	267-3825
Wichita Fellowship Club	265-9348
Women's Recovery Center	262-0505

CONSULTACIÓN PARA DEUDA, CRÉDITO Y PRESUPUESTO

Consumer Credit Counseling	265-2000
Unemployment Benefits	383-9947

VIVIENDA

Affordable Housing – H.O.P.E., Inc.....	618-8652
City of Wichita Housing Services Dept. – Section 8.....	462-3700
Habitat for Humanity, Inc.....	269-0755
Housing Services, HumanKind Ministries	201-4107
Mennonite Housing Rehabilitation Services Inc.	942-4848
Residential Services – MHA.....	685-1821
Weatherization Assistance Program	262-7035
Woman to Woman (mujeres ex delinquentes).....	807-3172

Junio 2026