

# ANGER MANAGEMENT RESOURCES



2021

United Way of the Plains

A listing of parenting classes and support groups in Sedgwick County, Kansas

- Only basic information is provided here. You will need to call the listed contact for more information regarding sliding fee scales, availability of child care, program content, etc.
- Presenters have listed the following classes with United Way of the Plains. Please note that the listing of a class or other service does not constitute an endorsement by United Way of the Plains.

COURSE NAME	CLASS LOCATION	# SESSIONS COST	DATES TIME	CONTACT CONTACT PHONE
<b>All Parents</b>				
Pathways of Calming	Pathways, LLC 407 N Waco St	Ongoing \$10/week	Varies	Nakita 204-5194
Anger Management	HealthCore Clinic 2707 E. 21 <sup>st</sup> St.	8/13 \$10 Individual	Wed: 1–2:30 pm Sat: 9–10:30 am	Staff 691-0249
Anger Management – Adults & Adolescents	Chrysalis Center, Inc 1540 N Broadway Ste 203	8 or 13 \$20/group \$45 assessment	Call for schedule	Patricia 776-5245
Court Approved Anger Management (faith based)	Word of Life Counseling Center 3811 N Meridian	13 \$20/session \$35 workbook	Saturdays 9 – 11 am	Connie 210-2917
Domestic Violence/Anger Management	Recovery Unlimited 3835 W Douglas	13/26 \$20/session	Wed: 6:30-8:30pm Sat: 9:30-11:30am or 12-2pm	Staff 941-9948
Domestic Violence Awareness Program (DVAP)	Recovery Unlimited 3835 W Douglas	1 \$50	3 <sup>rd</sup> Saturday 9 am – 5 pm	Staff 941-9948
Living Without Violence <i>Groups are in Spanish only</i>	Higher Ground 247 N Market	26 \$30/session \$90 BIP Fee	Wednesdays 6 – 9 pm	Cathy 262-2060
Batterer's Intervention - Court Ordered	Mental Health Assoc. Class held on Zoom	27 \$110 assessment \$25/group	Varies	Staff 652-2590

PHONE: Dial 2-1-1 TEXTING: Text ZIP Code to 898-211

SEARCH ONLINE: [211Kansas.org](http://211Kansas.org) CHAT: Visit [unitedwayplains.org/211](http://unitedwayplains.org/211) and click "Live Chat" button